

# 2022 Wellness Topics Calendar

January	February	March	April	May	June
 <p>Whole-Body/Oral Health Connection Advances in Dental Technology Sugar Awareness Week</p>	 <p>Children's Dental Health Month— Tooth Fairy Day Gum Disease Awareness Month American Heart Month Rheumatoid Arthritis Day Overcoming Fear of the Dentist Pet Dental Health Month</p>	 <p>Nutrition Month—Healthy Food for a Healthy Mouth Sleep Awareness Month—Sleep Apnea HPV Awareness Day—Oral Cancer Risk Factors Dentist's Day and Dental Assistant Recognition Week</p>	 <p>Oral Health Month—Dental Hygienists Week Oral Cancer Awareness Month—Surprising Risks Facial Protection Month— Exercise and Your Mouth</p>	 <p>Dental Care Awareness Month— Oral Care for Expectant Mothers Asthma and Allergy Awareness Month Root Canal Awareness Week Stroke Awareness Better Hearing and Speech Month</p>	 <p>Men's Oral Health National Headache and Migraine Awareness—TMD Summer Oral Health Routines</p>
July	August	September	October	November	December
 <p>Junk Food Day/Family Fun Month— Healthy Snacks UV Safety Month Create a Dental Emergency Kit</p>	 <p>Back-to-School Dental Health Wellness Month—The Oral Systemic Connection Fresh Breath Day Immunization Awareness— HPV and Risk of Oral Cancer</p>	 <p>Gum Care Month Dental Infection Control Awareness Month Dental Implant Awareness Month Healthy Aging Month Cold &amp; Flu Prevention</p>	 <p>Dental Hygiene Month Orthodontics Month Breast Cancer Awareness Month World Smile Day Halloween Candy Boos and Dos!</p>	 <p>American Diabetes Month Great American Smoke Out— Lung and Mouth Cancer Awareness Osteoporosis Month Alzheimer's Disease Awareness Month</p>	 <p>Handwashing Awareness Month Stress and Oral Health Oral Technology Gifts</p>

NOTE: Wellness topics are subject to change.